

breakfast 9 - 10.30AM

Pastries Croissants/Pain aux chocolate/ Pain aux raisin	£2.50
Greek yoghurt, berries and Tregothnan Estate honey	£6.00
Porridge oats with a choice of milk With banana	£5.50 £6.00
Sourdough or toast with eggs your way (V)	£7.00
Smashed avocado, sourdough, chilli flakes & lime (V) Optional poached egg	£7.00
Smoked Scottish salmon With scrambled eggs	£10.50
Vegetarian breakfast Tomato, field mushroom, egg, beans, sausage and spinach	£11.00
Full Cornish breakfast Pork sausage, smoked streaky bacon, egg, hogs pudding, tomato, field mushroom, baked beans	£12.00

appetisers

Marinated olives	£2.95
Smoked almonds	£3.95
Fresh Cornish bread selection & butter	£3.75
Glazed honey & mustard chipolata sausage	£6.50

starters

Roast parsnip soup (V) Croutons, spiced chestnut and maltouse bread	£8.50
Cornish mackerel Cucumber, horseradish cream and rocket	£8.50
Cornish goats cheese (V) Heritage beetroot, pear and caramelised walnut	£8.95
Moules marinière Classic French style with white wine, onion and parsley served with crispy sliced baguette	£9.95
Crispy Cornish duck salad Crispy confit duck leg, watercress, spinach, bean sprouts, carrot, spring onions, sesame seed and honey soy vinaigrette	£9.95
The Harbourside salmon gravlax Marinated with Tarquin's gin, cucumber & dill yoghurt dressing, sourdough bread & butter	£10.95
Cornish crab Celeriac, apple and watercress	£11.95
Pan fried Falmouth bay scallops Cauliflower, hazelnut, chive and brown butter	£14.00

mains

Mushroom risotto (V)	starter	£9.00
	main	£15.95
Fish and chips Cornish white fish, Sharp's Atlantic beer batter, minted peas and tartar sauce		£15.00
Shellfish Linguini Cherry tomatoes, chilli, coriander and basil		£17.00
Goan seafood curry Seabass, white fish and prawns with rice		£23.00
Cornish free-range chicken breast Leek and grain mustard mash, white wine sauce		£18.95

FROM OUR GRILL

Served with Portobello mushroom and a choice of:

fries | minted new potatoes | potato puree

From our Cornish Butchers

Venison loin	6oz	170gr	£23.50
Sirloin steak	8oz	226gr	£22.75
Ribeye steak	10oz	283gr	£24.95
Fillet steak	6oz	170gr	£26.95

Sauces Bearnaise Mushroom Green peppercorn	£3.00
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The Harbourside beef burger served with fries Quarter pounder, red onions, tomato, lettuce, mayonnaise, potato bun	£16.00
Extra toppings Egg/cheese/smoked bacon/guacamole	£1.50 each

Veggie burger served with fries (v) Portobello mushroom, goats cheese, chargrilled red peppers, potato bun	£14.00
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FROM OUR CORNISH FISH MONGERS

Grilled prawns, sweet chilli dipping sauce	£23.00
Chargrilled curried monkfish, curried mayonnaise	£24.75
Half or whole lobster thermidor (subject to availability)	£POR

Please ask our team for the dishes of the day

sides

Coleslaw	£3.50
Skinny fries	£4.00
Potato puree	£4.00
Cornish minted potatoes	£4.50
Mac & Cheese	£4.50
Tender sprouting broccoli, hazelnut butter	£4.50
Green beans & snow peas	£4.00
Salad of iceberg lettuce and snow peas with Cornish blue cheese dressing	£4.75
Mixed leaf, tomato, and red onion salad	£4.75

desserts

Exotic fruit mousse Coconut, exotic fruit salad, passion fruit sorbet	£8.00
Vanilla bavarois Caramel cake, almond, nutmeg ice cream	£8.00
Banana parfait Pistachio, chocolate sorbet, caramelised banana	£8.00
Hazelnut and lemon tart Vanilla and white chocolate Chantilly, lemon curd	£8.00
Coffee and orange mousse Confit orange sorbet, candied pecan nut	£8.00
Selection of regional cheeses	£10.00

afternoon tea

Due to COVID-19 we are unable to offer afternoon tea, however we hope to bring back this Cornish delight soon!

Afternoon tea Fruit and plain scones with strawberry jam and Rodda's clotted cream or a slice of cake. Please ask staff for cake choice.	£9.50
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Please advise a member of our team if you have any food allergies or special dietary requirements. Some food and drink that we serve may contain nuts and other allergens and where we put in place measures to avoid cross contamination, we cannot guarantee that there will not be traces.

A discretionary service charge of 12.5% will be added to the bill.